

A.D.A.M. video clip: Digestion



Fill in the blanks

- Food is digested by the churning of the stomach walls and by secretion of ______ and _____.
- > _____ (chemicals) speed up the breakdown of food.
 - Trypsin breads down _____ found in _____.
 - Lipase breaks down the _____ found in _____ and butter.
 - _____ breaks down the sugar in milk.
- Food is moved through the small intestine where _____ are absorbed and enter the _____.
- Blood is taken to the liver where _____ are processed and _____ are removed.
- The ______ absorbs water and compacts the remainder of the feces. Feces are eliminated through the ______ and _____.

A.D.A.M. video clip: Peristalsis

Fill in the blanks



- Peristalsis is a series of _____ contractions that moves food through the digestive tract.
- > _____ mixes and shifts the chime on the intestinal wall.

A.D.A.M. video clip: Ulcers

Fill in the blanks

- The stomach produces _____ that breaks down food into simpler substances.
- The _____ lining keeps the stomach from digesting itself.
- > If the lining becomes too thin, an _____ may form.
- > Ulcers may be caused by bacteria , not stress.
- > To control the bacteria, _____ are prescribed.

A.D.A.M. video clip: Heartburn

Fill in the blanks

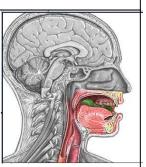
- Heartburn does not involve the heart, but is felt in the ______
 the heart's location.
- The _____ has a protective lining against the acid, but the _____ does not.
- > _____ relieve heartburn by making the stomach juices less acidic.

entrance of windpipe.

A.D.A.M. video clip: Swallowing

Fill in the blanks

- Stage 1 _____ pushes food into the throat.
- Stage 1 _____ pushes rood into the third
 Stage 2 _____ folds over voice box at



> Stage 3 _____ in the esophagus contract.

The Esophagus

Connects the ______.

About ______.

Flat when _____.

Made of several layers of _____

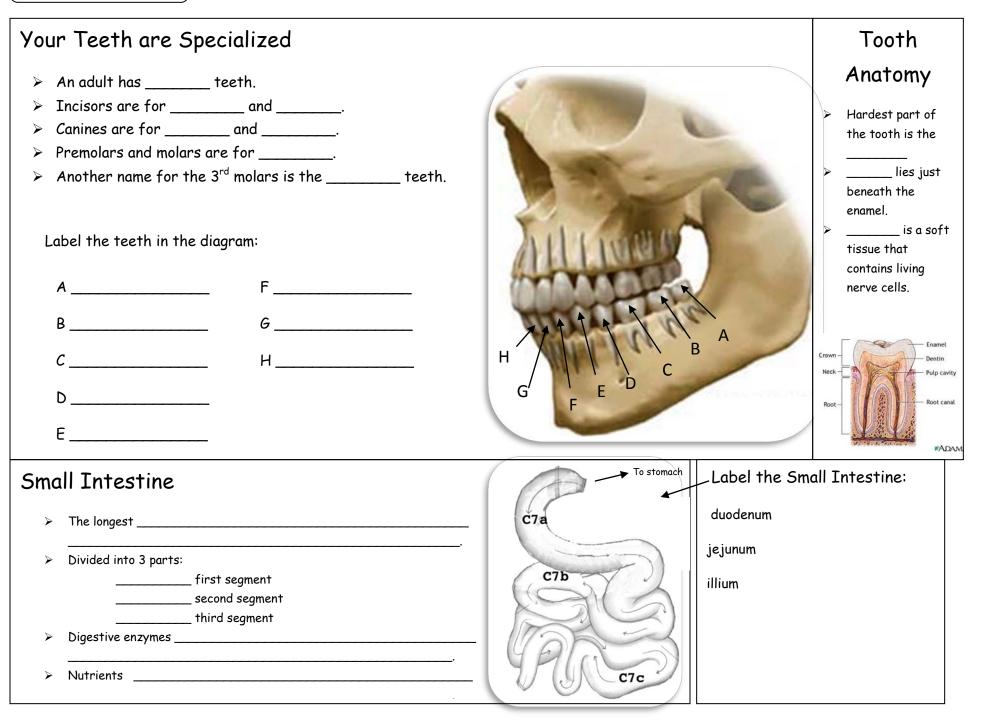
_____ is the wavelike muscle contractions that force food through the digestive tract.







The Digestive System is a Giant Food Processor		The Mouth	
mouth pharynx Match These:		Food is	
esophagus breaking down of food by the action of enzymes		Teeth chop	
		Saliva moistens	
stomach broken down into glucose	(A) small intestine	The tongue moves	
building blocks of cells	(B) duodenum	The Throat:	
broken down into amino acids	(C) carbohydrates	The epiglottis	
intesting used by cells for energy	(D) chemical digestion	Muscles	
bile and enzymes from liver enter her	re (E) fats	The Salivary Glands:	
water goes back into the bloodstream	(F) amino acids	Produce	
proteins, carbohydrates, vitamins, an	d (G) proteins		
minerals go into blood	(H) glucose	Food becomes moist and	"mushy". It is now called a
solid Z anus wastes out	(I) large intestine		
The Stomach (match these):		Nutrients	
the stomach's own acid begins to eat through the stomach		Nutrients are absorbed through	the
control the ends of the stomach	(A) Mucus	Describe the inside lining of the	small intestine
food enters the stomach through the	(B) Hydrochloric Acid(C) The stomach		
digests protein and kills bacteria	(D) Sphincter muscles	Draw a diagram of the villi	
helps the hydrochloric acid digest proteins.	(E) Esophagus (F) Ulcer	and label its parts.	
3 strong layers of muscle	(G) Pepsin		villi



 Large Intestine In the large intestine,	_ and are absorbed back into	CI2 CI5	Label the Large Intestine: ascending colon transverse colon descending colon appendix rectum
Tommy Torso (match Tomm	y's parts with their number)	C16	^{anus} Check Out this X-ray
Part name	Part number Return all of n		The digestive system organ colored yellow is probably the
Tongue Salivary Gland	parts before leaving this station!!!!!		
Esophagus			The digestive system organ colored pink is probably the
Stomach			 What is the doctor about to tell
Liver			Kermit?
Gallbladder			Which Digestive
Pancreas			System organ is shown
Duodenum			
Small Intestine			in this x-ray?
Appendix	What name does To	mmy prefer?	
Rectum			Answer

The Liver, Gallbladder, and Pancreas	Try to SwallowThis		
Match these: use answers more than once	Match these:		
stores vitaminsA) Liverproduces $\frac{1}{2}$ to 1 liter of enzymes dailyB) Gallbladder	 how much food your stomach can hold how long it takes for food to completely digest A) 15 - 48 hours A) 27 fact 		
produces bile (an enzyme which breaks down fats) C) Pancreas stores bile	B) 27 feet () 3-4 pounds () how much food you will process in a lifetime () 60,000-		
breaks down old red blood cells produces enzymes which break down carbohydrates, fats, and proteins	the length of your alimentary canal 100,000 pounds E) 2 $\frac{1}{2}$ pints		
removes poisons from the body	Fetal Pig Model (match the pig part with the part number)		
 Your Saliva Saliva contains the enzyme 	pancreas small intestine Part numbers 3 9		
> What does amylase do?	gallbladder 4 11		
> What should happen to the cracker if partially chewed and left in your	large intestine (caecum) 5 12		
mouth?	large intestine (spiral colon) 6 13		
> Did it work for you?	large intestine (descending colon) 7 14		
	 liver stomach esophagus > What seems to be the main difference between the pig's digestive system and that of humans? 		



Go to the Human Biology/Links page of our science website (<u>www.myscience8.com</u>)

Click on Digestive System Tour Lab

A Balanced Diet

 Fill in the seven food groups on the pie chart.

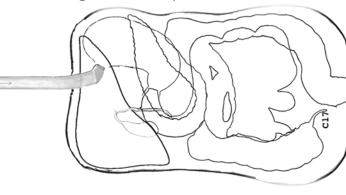


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c3 C1

- ____ red blood cell production
- _____ store energy, heat insulation
- ____ provide energy
- ____ the main part of cytoplasm
- ____ helps move food along the digestive system
- _____strong bones, teeth, and muscles
- ____ growth and tissue repair

Paper Model of Digestive System - tape it here



A) Protein

C) Water

D) Vitamins

B) Carbohydrate

E) Fibre (fiber)

F) Fats and oils

(lipids) G) Minerals



1

4.

8.

9.

Go to the Human Biology/Links page of our science website (<u>www.myscience8.com</u>)

Click on Digestive System Tour Lab

Malnutrition - fill in the chart

Disease Kwashiorkor
Kwashiorkor
Osteoporosis

Summary of Digestion - write the steps of digestion in their

proper order (use the cartoon picture of digestion from page 1)

Food is chopped and ground in the mouth.

2. _____

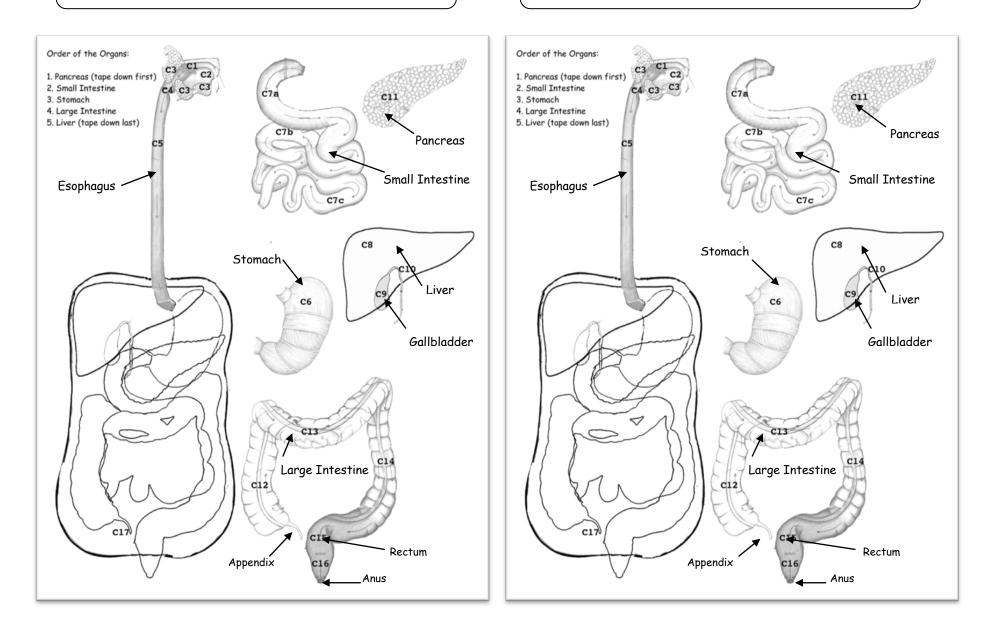
3. _____

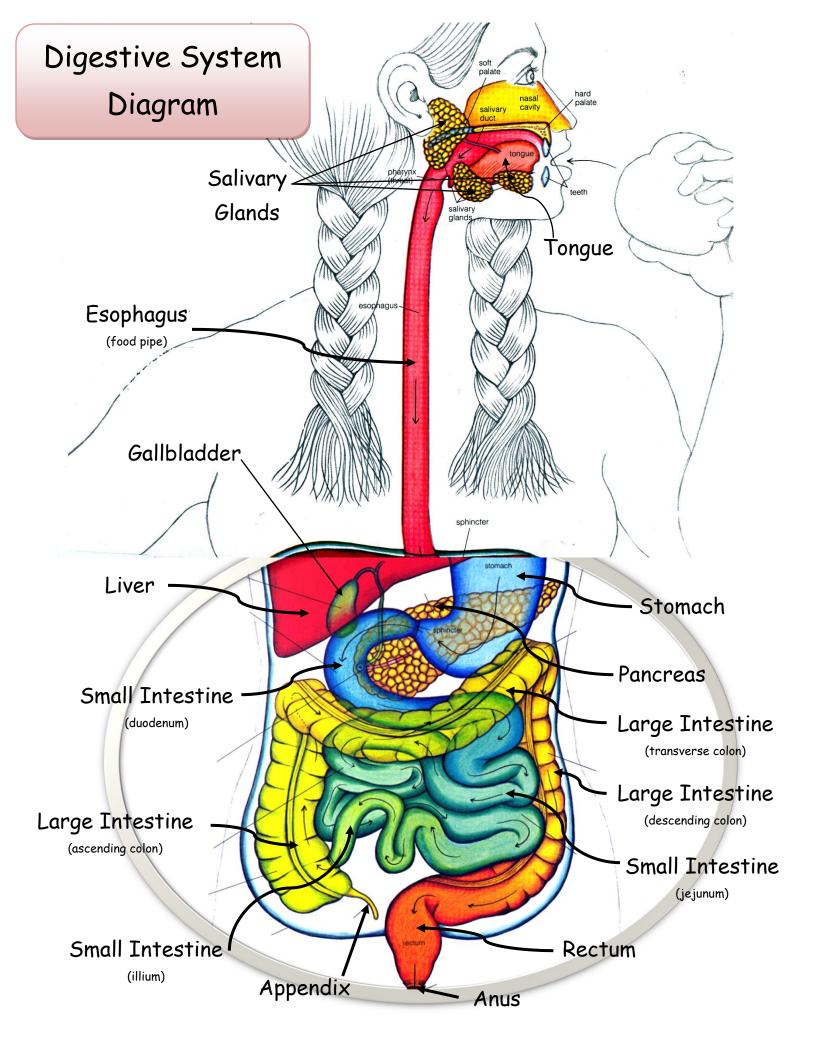
5. _____

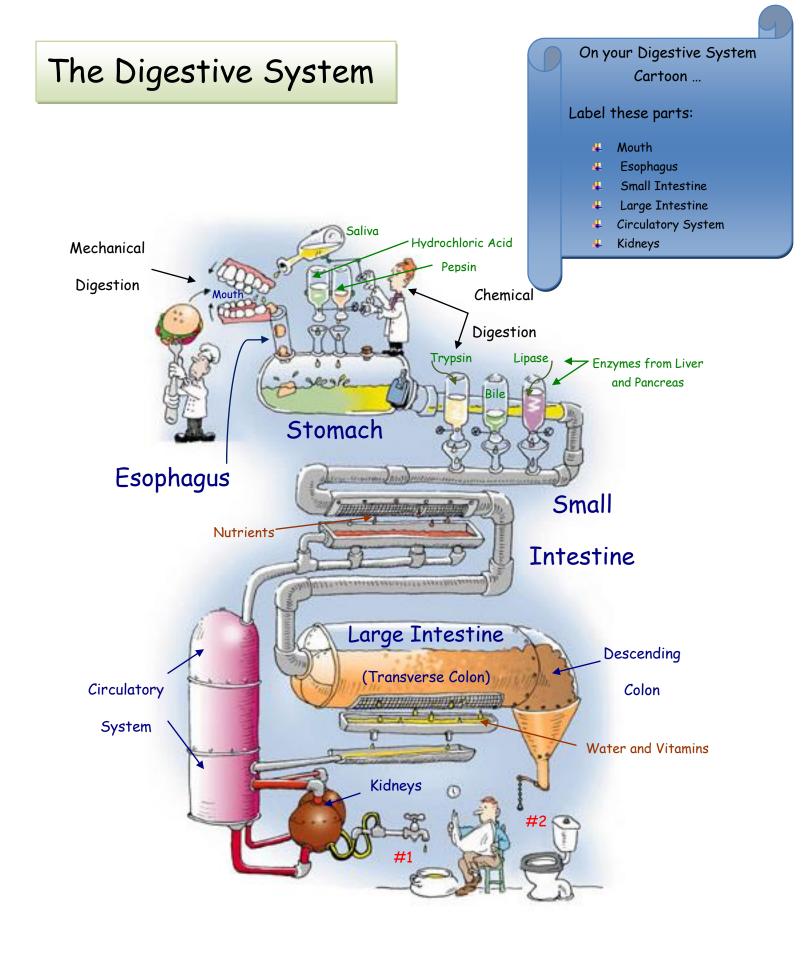
10.

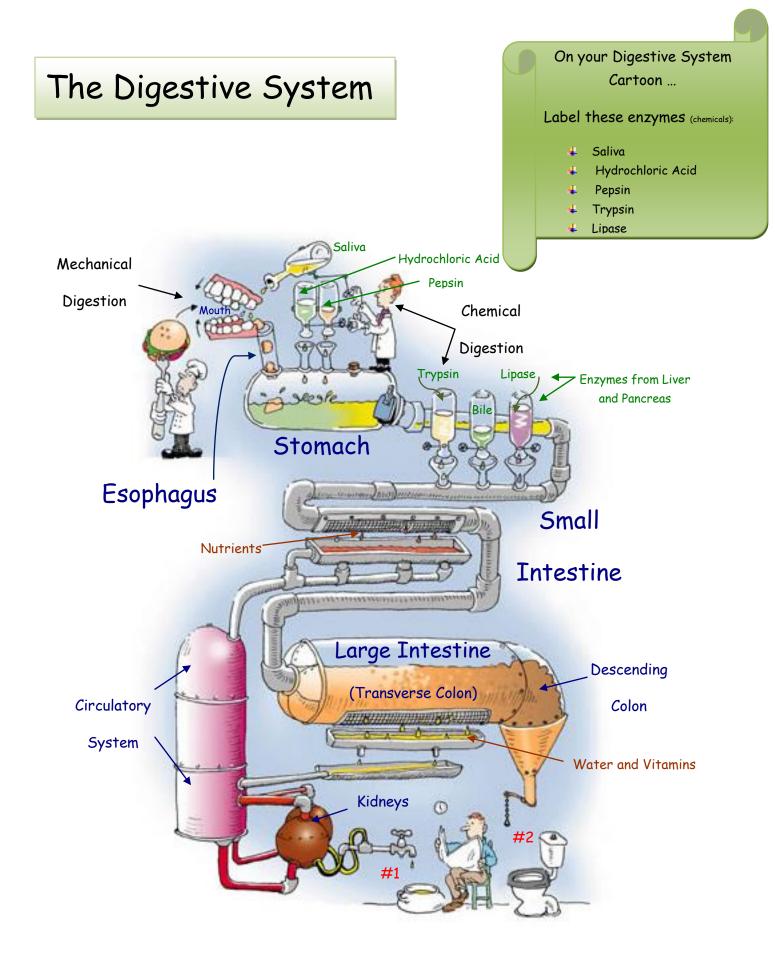
Paper Model of Digestive System

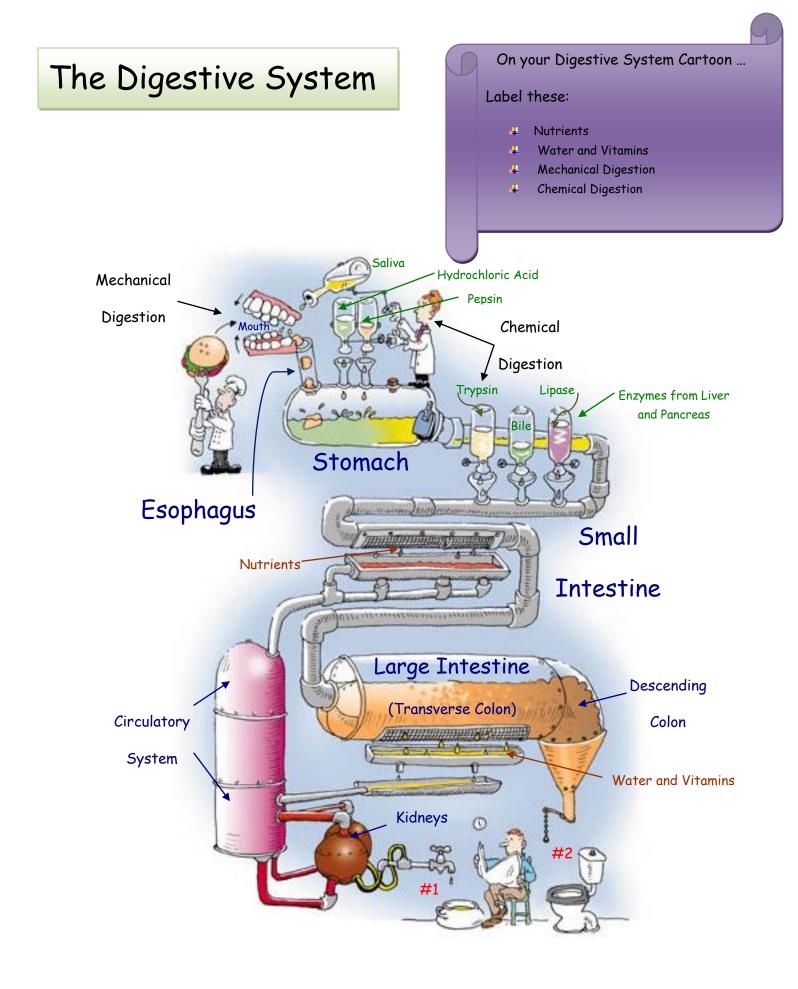
Paper Model of Digestive System

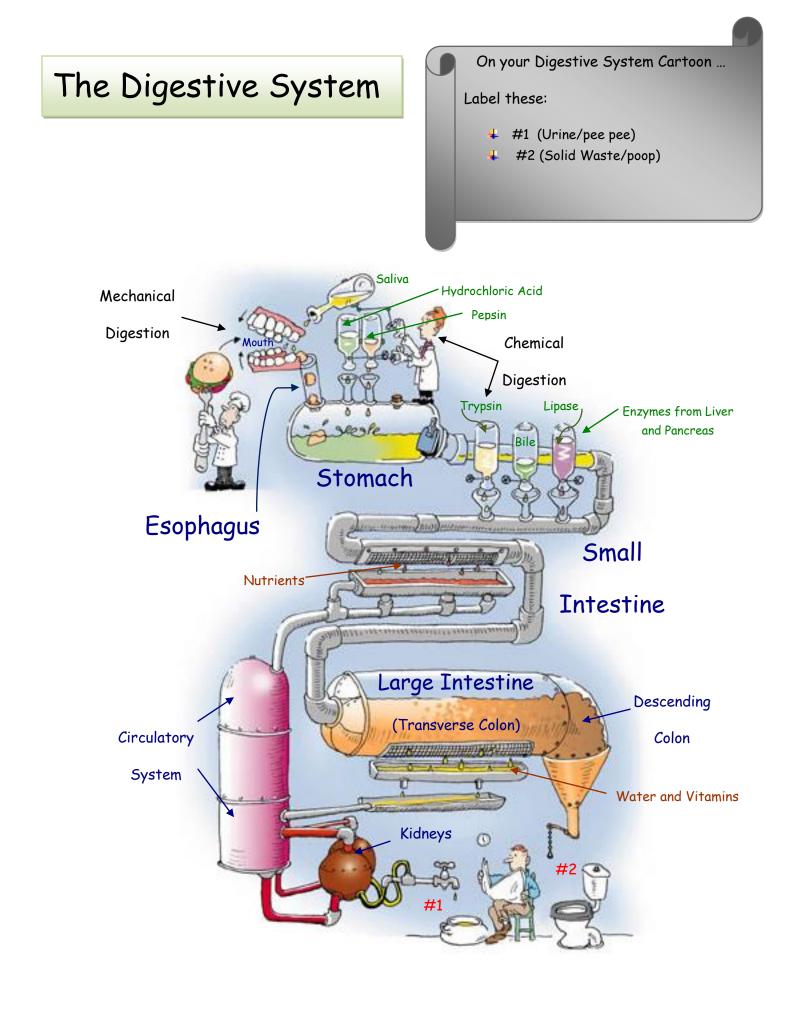


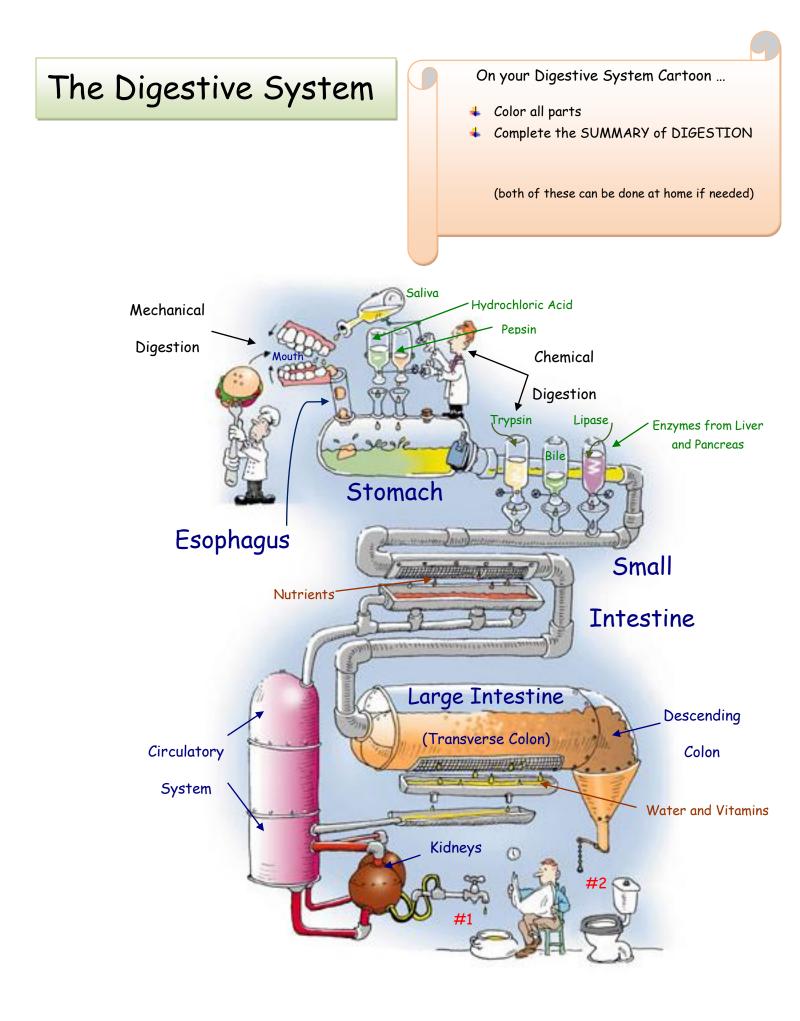


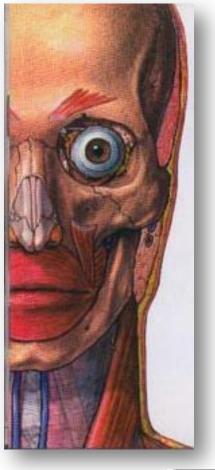






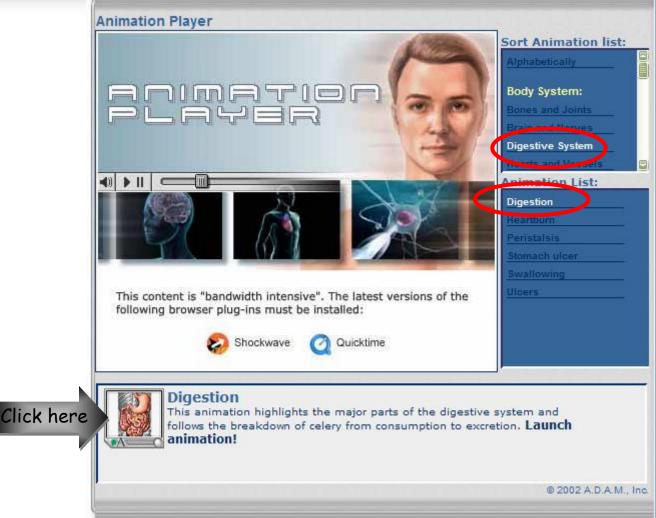


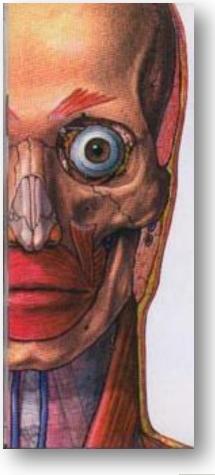




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Digestion

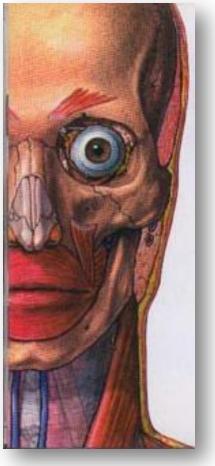




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Heartburn

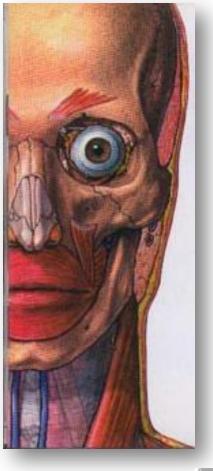




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Peristalsis

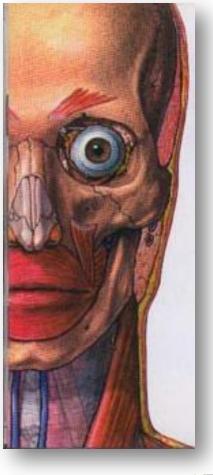




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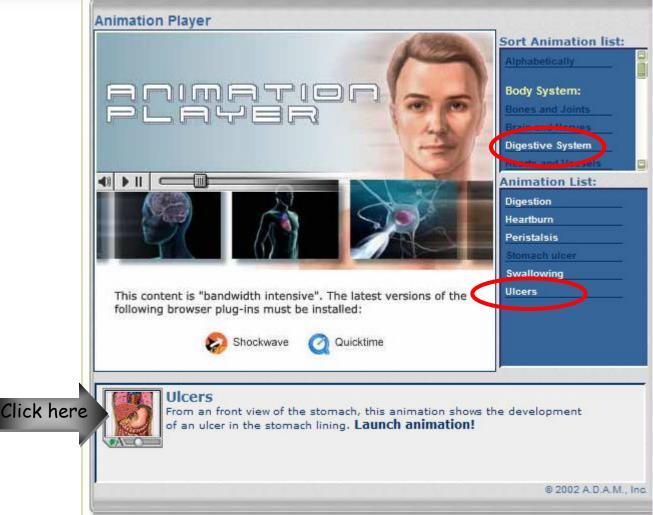
Swallowing

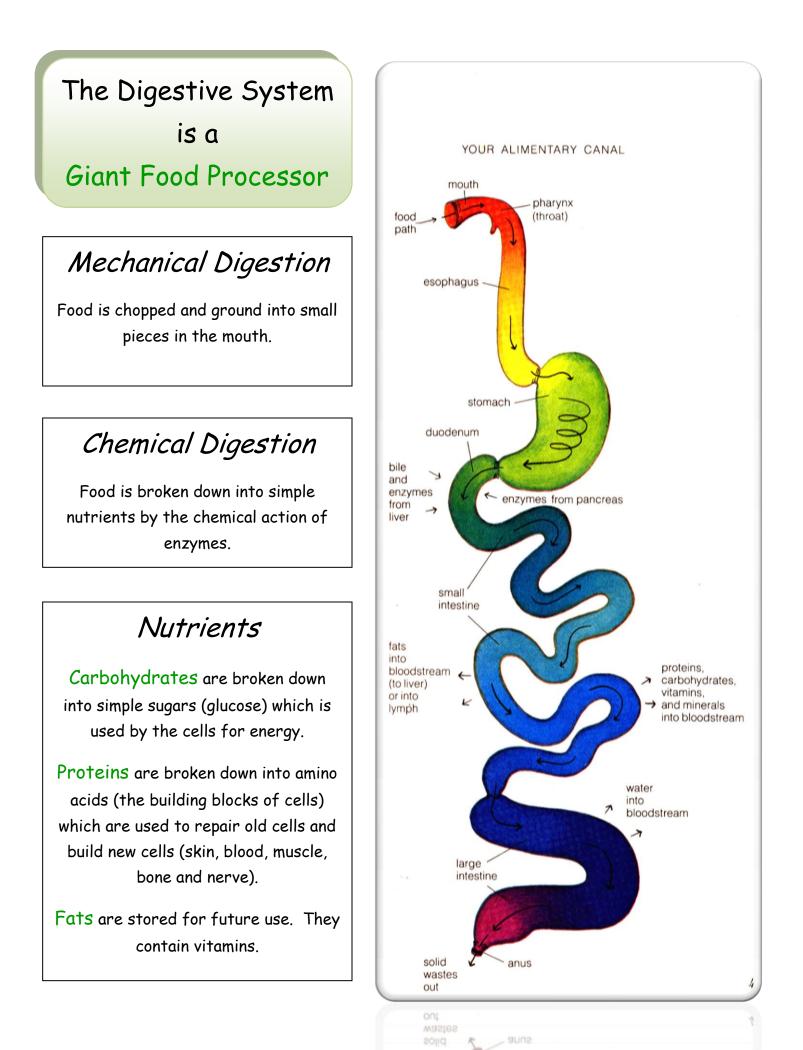




found on the Human Biology/Links page of our website (<u>www.myscience8.com</u>)

Ulcers



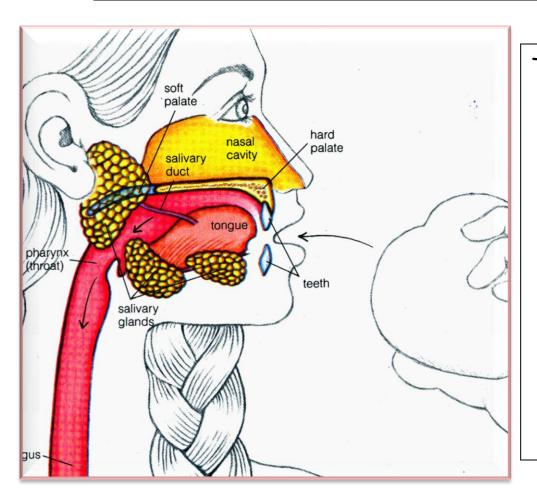


The Mouth

- Food is cooled or warmed to body temperature.
- Teeth chop and grind food and the tongue mashes the food.
- Saliva moistens the food and begins breaking down carbohydrates.
- The tongue moves the food to the back of the mouth to be swallowed.

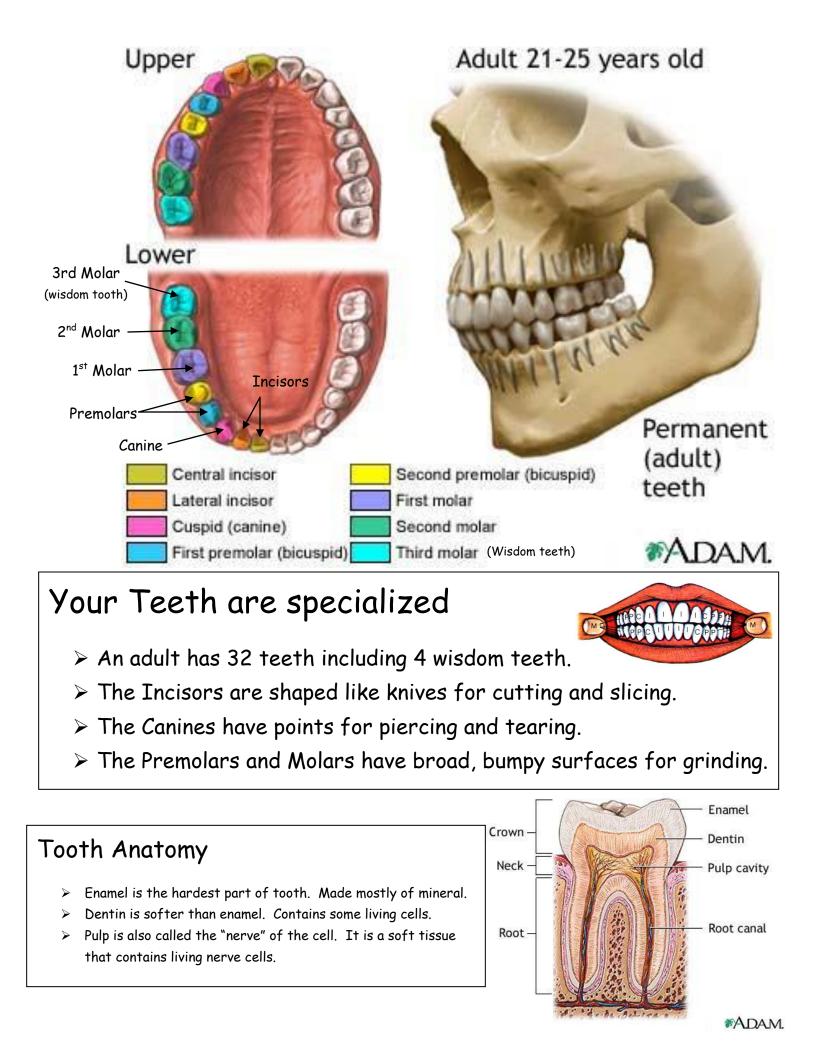
The Throat

- > The Epiglottis closes off the wind pipe (trachea).
- > Muscles push food into the esophagus.



The Salivary Glands

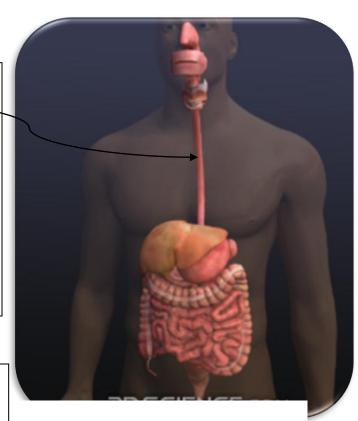
- > Produce *saliva*.
- Saliva is an enzyme (chemical) that begins the breakdown of starches.
- Food becomes moist and "mushy" so that it can be easily swallowed. The food is now called a **Bolis**.



The Esophagus

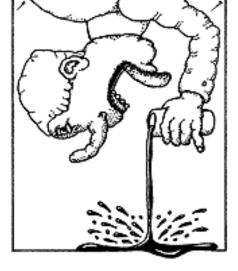
- > Connects the pharynx (throat) to the stomach.
- > About 10 inches long.
- Flat when empty but changes shape to allow food to travel to the stomach.
- Made of several layers of muscle that push food through to the stomach (peristalsis).

Peristalsis is the name given for the wavelike muscle contractions found in the esophagus, small intestines and large intestines. It is sort of like squeezing toothpaste through a tube.



Bottom's up...I mean down...I mean.....

DAM



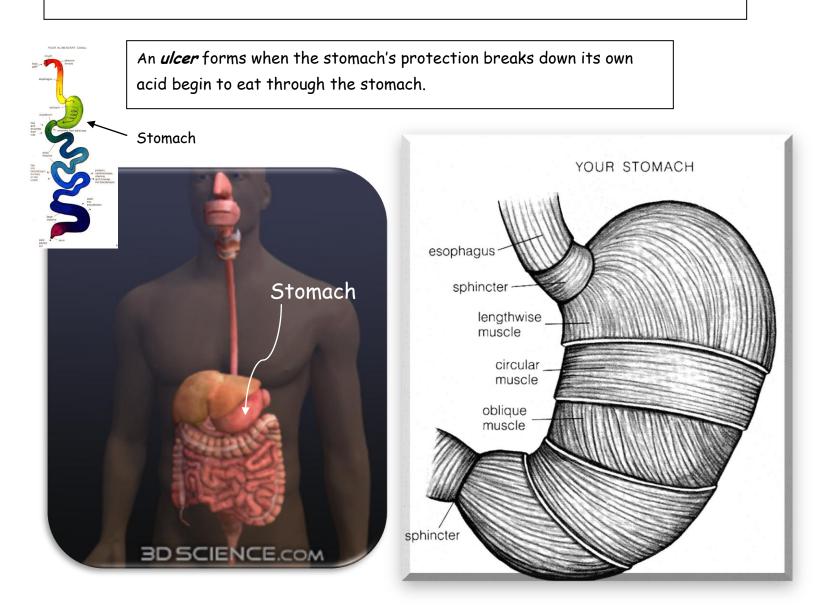
Yes, it is even possible to drink while upside down!!

Peristalsis <

Esophagus

The Stomach

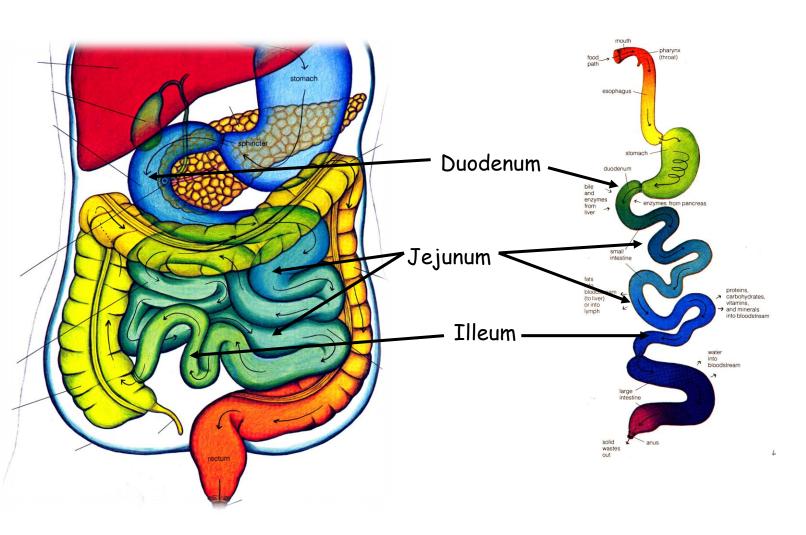
- > Food enters the stomach from the esophagus.
- Hydrochloric Acid is produced in the stomach to digest proteins and kill off bacteria.
- > Pepsin (a digestive enzyme) is produced to help digest proteins.
- Mucus is produced by glands of the stomach to protect the stomach from its own acid.
- Sphincter muscles control both ends of the stomach to allow food to enter and exit.
- The stomach is made of 3 strong layers of muscle which mixes and mashes the food with digestive enzymes.

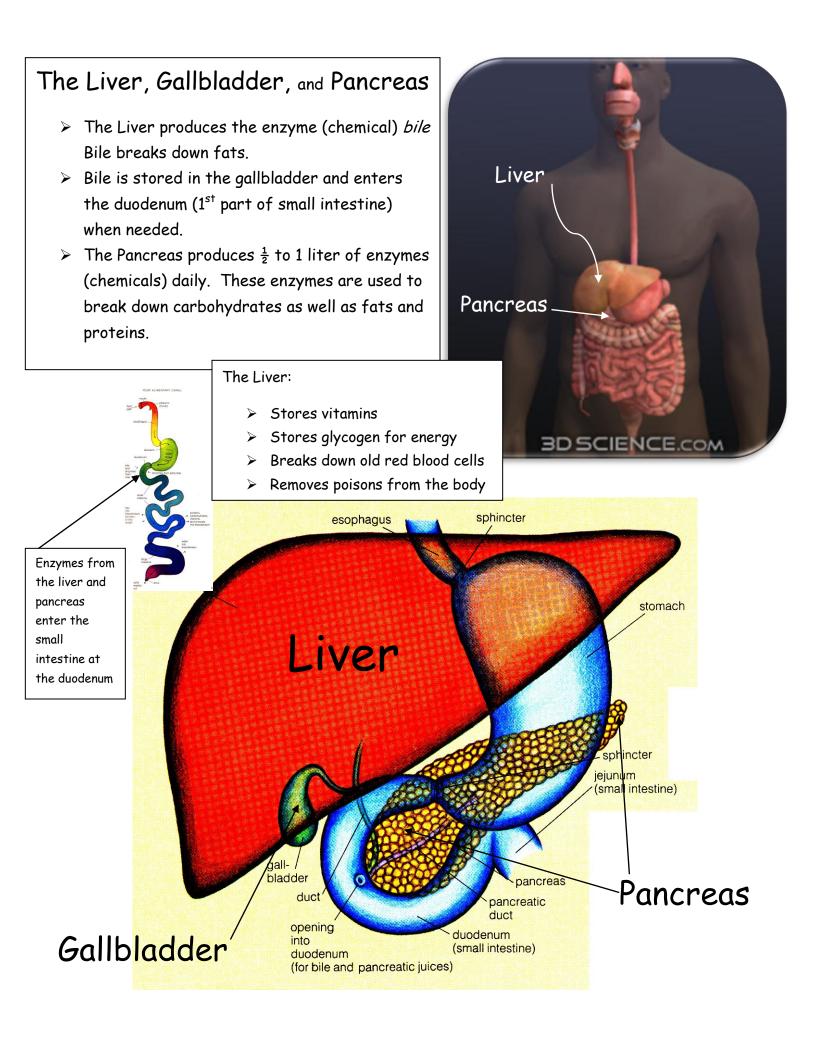




Small Intestine

- The longest part of the alimentary canal (digestive tract).
- Divided into 3 parts:
 Duodenum first segment
 Jejunum middle segment
 Illeum last segment
- Digestive enzymes from the liver and pancreas help to break down food further.
- Nutrients are absorbed into the body through the villi.





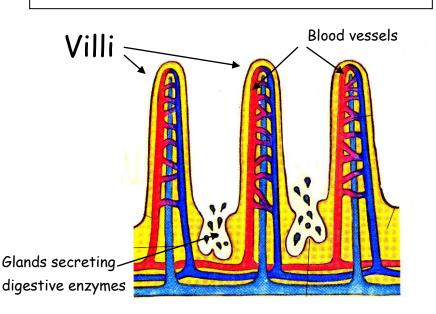
Nutrients are absorbed through the small intestine where the blood carries them to all the cells of the body.

The Basic Nutrients are:

- > Amino Acids
- > Simple Sugars
- > Fatty Acids

The inside lining of the small intestine contains Villi.

These Villi tiny are fingerlike projections through which the nutrients are absorbed into the bloodstream. The Villi capture nutrients as they move through the small intestine.





Small Intestine

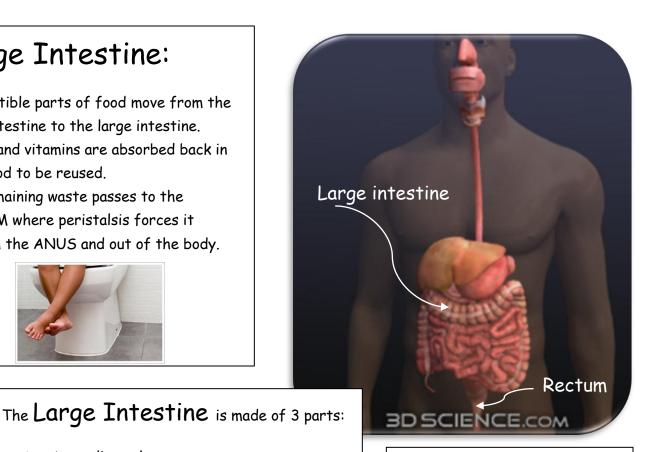
Photograph of Villi magnified (very high power)

Note; your microscope will not show nearly the detail as in this picture.

In the Large Intestine:

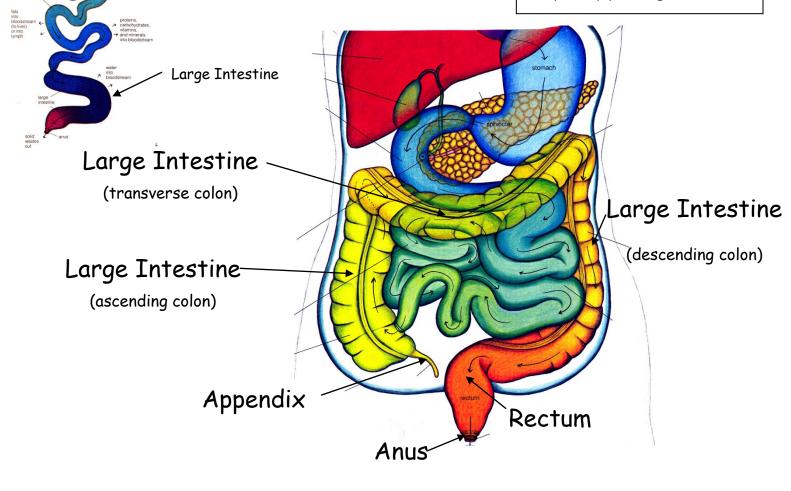
- > Indigestible parts of food move from the small intestine to the large intestine.
- > Water and vitamins are absorbed back in the blood to be reused.
- > The remaining waste passes to the **RECTUM** where peristalsis forces it through the ANUS and out of the body.





- Ascending colon
- Transverse colon
- Descending colon

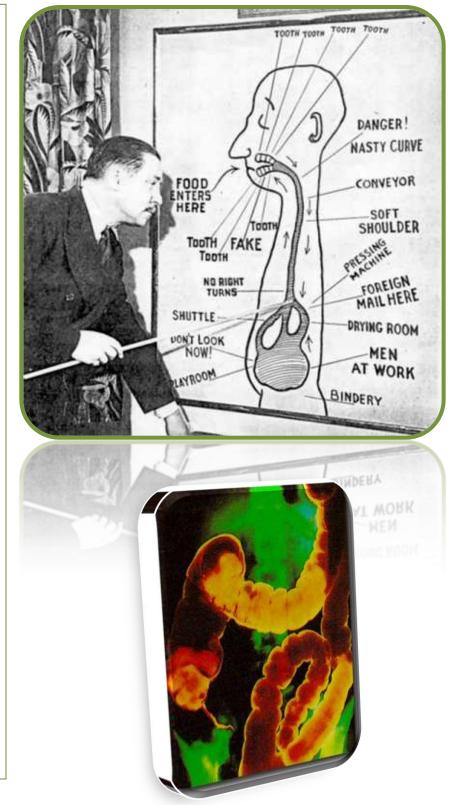
Note: The Appendix serves no useful purpose. Perhaps it had a role in digesting rough foods many, many years ago.

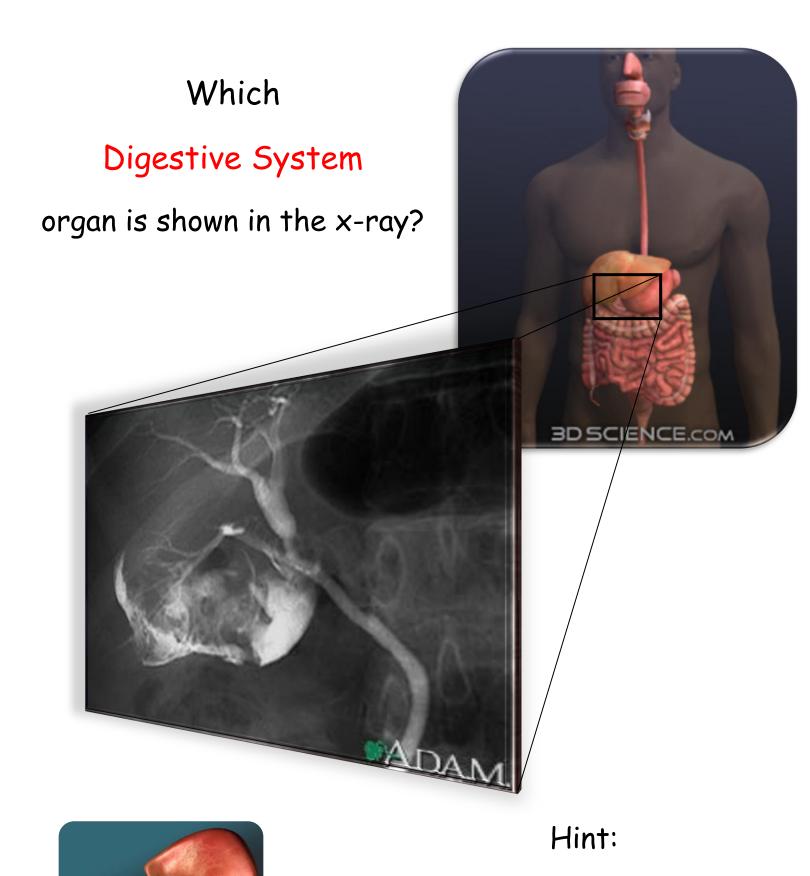


Try to swallow this...

some interesting facts about your digestive system.

- The average digestive tract (alimentary canal) is 27 feet long!
- During a lifetime, a person will process between 60,000 to 100,000 pounds of food!
- Just the sight and smell of food begins the digestive process (saliva in your mouth, esophagus begins to ripple, stomach produces digestive enzymes)
- > Your stomach can expand to hold 2 $\frac{1}{2}$ pints of food.
- The liver is the body's second largest organ weighing 3-4 pounds. (the skin is the largest organ)
- A meal takes between 15 to
 48 hours to completely digest
 and move through the
 alimentary canal.





__It stores Bile that was produced in the liver.

(If this doesn't help, do some other stations first)

Check out this x-ray:

The digestive organ colored yellow is probably the

- Small intestine
- ✤ Large intestine
- ✤ Heart
- Pancreas

The digestive organ colored pink is probable the

- ✤ Small intestine
- ✤ Large intestine
- ✤ Heart
- Pancreas

(answer on your lab answer sheet)

Hint: if you are not sure, do some other stations first.





This is **Tommy the Torso** (but he prefers Elvis). Tommy is an expensive, hand painted model of the human torso. His organs are removable but must be handled with care.

Do This:

- 1. Carefully remove the Liver, Stomach, and Intestines.
- 2. Locate and identify the following parts and match them with the numbers on the model:

Tongue

Salivary Gland

Esophagus

Stomach

Liver

Gallbladder

Pancreas

Duodenum

Small Intestine

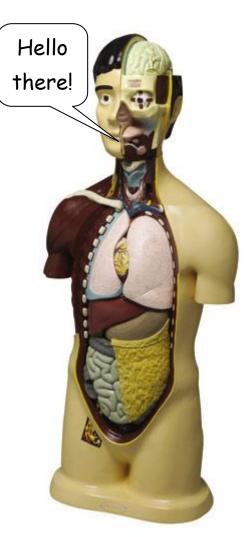
Large Intestine

Appendix

Rectum

Choose from these numbers:

111/112	115	120	121/124
126	128	130	132
134	136	140	137/138/139



Return all parts before leaving this station. Ask if you need help.

Place all answers on you lab answer sheet



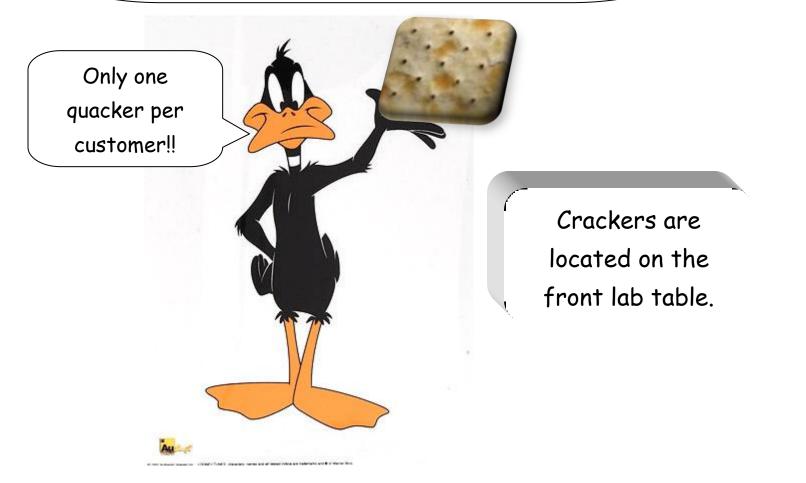
Your **Saliva** contains the enzyme **amylase** which breaks down huge starch molecules into smaller simple sugars.

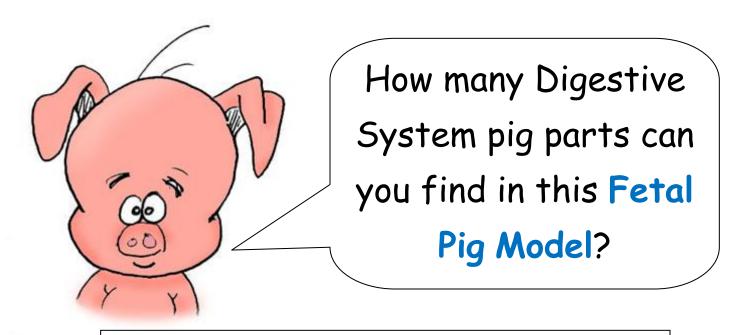
A cracker is mostly carbohydrate (starch) but if you leave it in your mouth long enough, it will become sugar and you will notice a sweet taste!!

Try it!!!

Do this:

- 1. Take one unsalted cracker and chew but don't swallow.
- 2. Keep the **bolus** (chewed mush cracker) in your mouth for a minute.
- 3. After you notice the sweet taste you may swallow. Yum!!





Locate and identify the following parts and match them with the numbers on the model:

Pancreas

Small Intestine

Gallbladder

Duodenum (1st part of small intestine)

Large Intestine (caecum)

Large Intestine (spiral colon)

Large Intestine (Descending colon)

Liver

Choose from these numbers:

Stomach

Esophagus

3 6

4

5

7

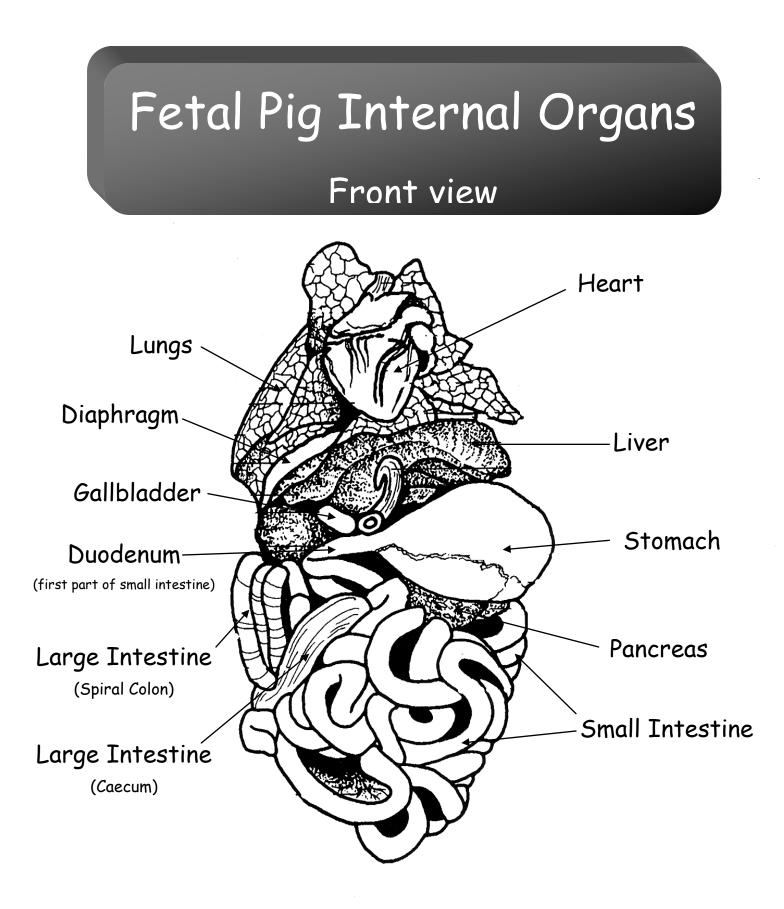
9

11

12

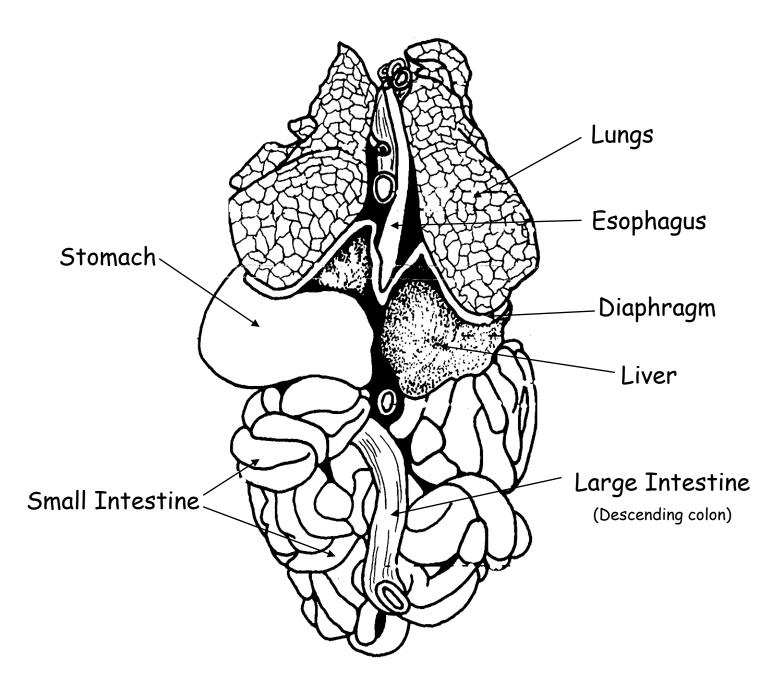
13

14

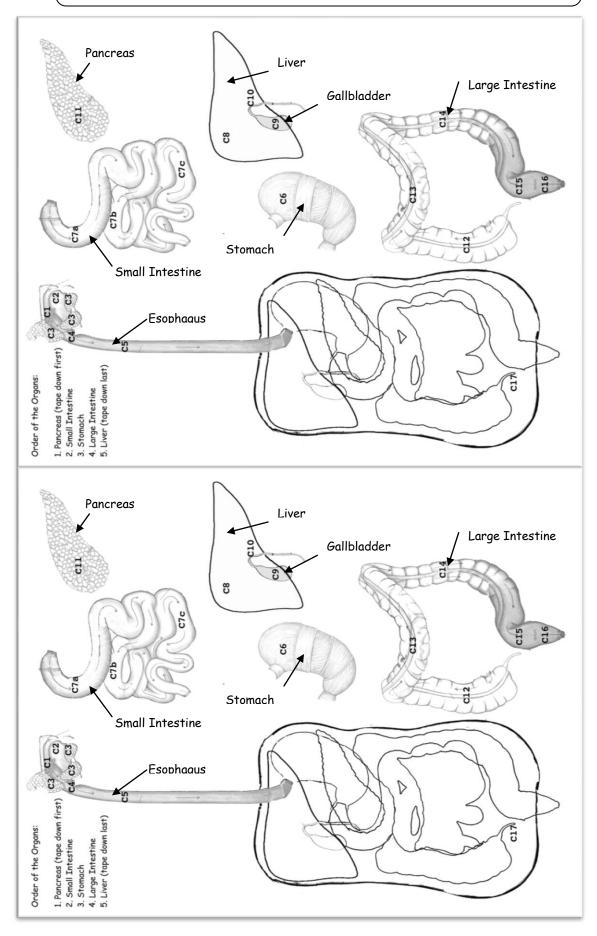


Fetal Pig Internal Organs

Back view

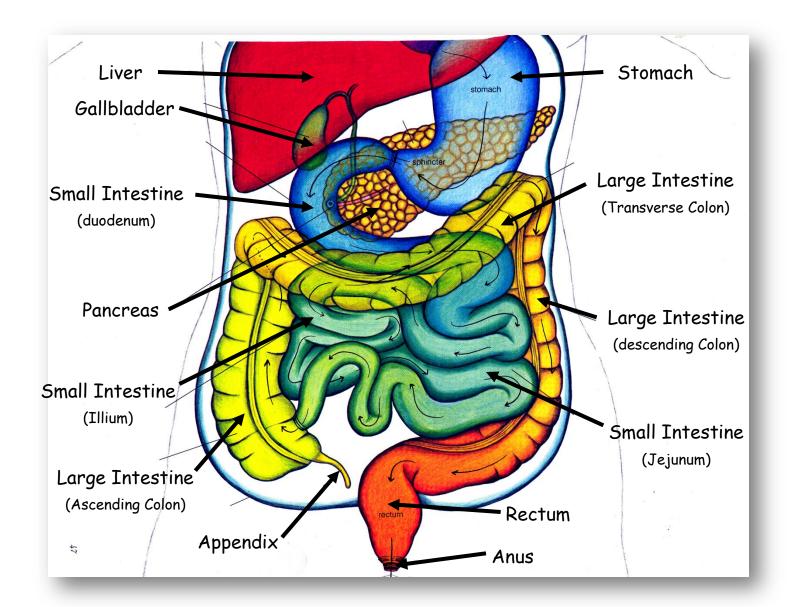


Paper Model of Digestive System



Build a paper model of the digestive system that looks like the picture below!!

- 1. Color each part so that it looks very similar to the picture.
- 2. Cut out each part carefully and tape it to the outline. Parts must be taped down in the proper order beginning with the pancreas.
- 3. Cut out the outline with all of the parts. Find the place on your lab answer sheet labeled "Tape Paper Digestive System Here" and tape your completed paper digestive system in that place.





Go to the Human Biology/Links page of our science website (www.myscience8.com)

Click on Digestive System Tour Lab

Find this page in the lab and click on the links. Answer all questions on your lab answer sheet: 1 A Balanced Diet http://lqfl.skoool.co.uk/content/keystage3/biology/pc/learningsteps/ABDLC/launch.html sko sl.co.uk Test Review A Balanced Diet Also found at www.myscience8.com Human Biology/Links page Fats and Oils (lipids) Vitamins Carbohydrates Minerals Eibre Water To stay healthy, we need to eat the correct nutrients in the correct proportions. This is known as a balanced diet 0 • Supporting (intel) 2. Malnutrition http://lqfl.skoool.co.uk/content/keystage3/biology/pc/learningsteps/MALLC/launch.html sko 🛛 🕤 L.co.uk Test Review ight @ 2004 Intel Corpor Malnutrition Also found at www.myscience8.com Human Biology/Links page Malnutrition occurs when either too much or too little of a nutrient is eaten. Approximately two thirds of the world's human population are suffering from under nutrition. 0 00 ۲ Supporting (intel

Write these steps of digestion in their proper order. They are all messed up here.

Summary of Digestion

- Hydrochloric acid and pepsin digest proteins in the stomach. The stomach squeezes to mix food.
- Nutrients are absorbed into the blood by villi in the small intestine.
- > Water is absorbed from the food waste back into the body.
- The tongue pushes food to the back of the mouth where it is swallowed.
- > Food is chopped and ground in the mouth.
- Bile (produced by the liver and stored in the gallbladder) enters the small intestine to break down fats.
- Solid waste material is forced out of the body by action of both voluntary and involuntary muscles (if ya know what I mean).
- > "Food" moves to the small intestine (through the duodenum).
- Waste (food) leaves the small intestine and enters the large intestine.
- > The food moves along the esophagus to the stomach.

